

1st YEAR COURSES

Ama Deus Level I & II

An ancient spiritual system of hands-on energy healing using breath and sacred symbols.

Anatomy of Energy

Introduction to the structure of physical and energy bodies and organs.

Astrology

Creating and interpreting an astrological natal chart.

Hatha Yoga

Ancient knowledge for balancing mind, body, and spirit through different physical postures or asanas, breath, and visualization.

Healing Techniques in This Civilization

Learning spiritual healing techniques from different cultures and traditions in this civilization.

Incarnation & Reincarnation

Detailed explanation and discussion of theory and principles of Karma.

Kundalini Yoga

Practical and theoretical work with one of Yoga's most powerful energy modalities.

Meditation

Theoretical and practical work with consciousness development using various meditation techniques.

Pendulum

Practice, theory, prediction and healing with pendulum.

Perceptual Development

Learning and developing skills of higher perception through intensive exercises with physical, emotional, mental, and spiritual bodies.

Science of Breathing

Knowledge and work with pranas, cosmic elements, and energy structure.

Science of Colors

Theoretical and practical work with one of the world's oldest systems of healing.

Science of Herbs

Introduction to herbs and their uses for healing, including their spiritual and energy meanings.

Transformation of Energy Blocks

Zdenko's original method for working with deep subconscious emotional and mental energy blocks.

Visualization

Through simple techniques, but with intensive practice, you will develop one of the most important spiritual abilities.